



Athletics Northern Ireland
Indoor Hurdles & Sprints Competition
Ulster University, Jordanstown
15th February 2025

Registration – From 9.45am

Hurdles			
RACE TIME	Heat/Final	Event & Age Group	Hurdle Specs
11am	Race 1	60mH Senior Men & U23M, M45	106.7cm 3' 6" 13.72m 9.14m
11.05am	Race 1	60mH Senior Women Race 1 & U19/U20W	84.0cm 2' 9" 13.00m 8.50m
11:10am	Final	60mH U16 Boys	84.0cm 2' 9" 13.00m 8.00m
11:15am	2 Heats	60mH U17 & U18 Girls	76.2cm 2' 6" 12.00m 8.00m
11:30am	Final	60mH U15 Boys	84.0cm 2' 9" 12.00m 8.00m
11:35am	Final	60mH U16 Girls	76.2cm 2' 6" 12.00m 8.00m
11:40am	Final	60mH U15 Girls	76.2cm 2' 6" 12.00m 8.00m
11.45am	Final	60mH U14 Girls & U14 Boys	68.6cm 2' 3" 11.50m 7.50m 76.2cm 2' 6" 11.50m .50m
11.50am	Race 2	60mH U17 & U18 Girls	76.2cm 2' 6" 13.00m 8.50m
12.00noon	Race 2	60mH Senior Women & U19/U20W	84.0cm 2' 9" 13.00m 8.50m
12.05pm	Race 2	60mH Senior Men & U23M & M45	106.7cm 3' 6" 13.72m 9.14m

Sprints		
RACE TIME	Heat/Final	Event & Age Group
12.30pm	4 Heat3	60m Senior Men & U20 & U23 Men
12.45pm	1 Heat	60m Senior Women
12.50pm	Race 1	60m U19 Boys
12.55pm	Race 1	60m U19 & U20 Women
13.00pm	Race 1	60m U18 Boys
13.05pm	Race 1	60m U18 Girls
13.10pm	2 x Race 1	60m U17 Girls
13.20pm	2 x Race 1	60m U17 Boys
13.30pm	Final	60m U16 Girls
13.35pm	2 Time Trials	60m U16 Boys
13.45pm	2 Time Trials	60m U15 Girls
13.55pm	Final	60m U15 Boys
14.00pm	Final	60m U14 Girls
14.05pm	2 x Race 2	60m U17 Girls
14.15pm	2x Race 2	60m U17 Boys
14.25pm	Race 2	60m U18 Boys
14.30pm	Race 2	60m U18Girls
14.35pm	Race 2	60m U19 Boys
14.40pm	Race 2	60m U19 & U20 Women
14.45pm	Race 2	60m Senior Men & U20 & U23 Men
14.50pm	Race 2	60m Senior Women

Notes

1. Races will be combined where necessary depending on entry numbers per age group
2. "Race 2" will be held only where numbers and timings allow.